

# Comparisons of Job Characteristics

**Focus Occupation:** [Mental Health Counselors \(21-1014\)](#)

**Associated Occupation:** [Mental Health and Substance Abuse Social Workers \(21-1023\)](#)

[Compare Knowledge](#)

[Compare Skills](#)

[Compare Abilities](#)

[Compare Detailed Work Activities](#)

[Compare Tools and Technologies](#)

<<	Focus occupation element is much lower
<	Focus occupation element is lower
0	Focus occupation element is at a similar level
>	Focus occupation element is at a higher level
>>	Focus occupation element is at a much higher level

## Knowledge

Similarity of Focus Occupation to Associated Occupation: 99

**Focus Occupation:** Mental Health Counselors (21-1014)

**Associated Occupation:** Mental Health and Substance Abuse Social Workers (21-1023)

Associated Occupation's Key Knowledge Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Therapy and Counseling	3.8	23.8	23.2	0	Current knowledge level may be sufficient
Psychology	6.4	22.5	23.2	0	Current knowledge level may be sufficient
Customer and Personal Service	11.3	20.6	17.1	<<	Extensive education and/or training may be required
Sociology and Anthropology	4.1	16.5	14.1	<	Expanded education and/or training may be required
Philosophy and Theology	3.2	11.0	10.5	0	Current knowledge level may be sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Skills

Similarity of Focus Occupation to Associated Occupation: 97

**Focus Occupation:** Mental Health Counselors (21-1014)

**Associated Occupation:** Mental Health and Substance Abuse Social Workers (21-1023)

Associated Occupation's Key Skills Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Social Perceptiveness	9.1	18.8	19.5	0	Current skill level may be sufficient
Active Listening	11.0	15.0	20.1	>>	Skill level is likely more than sufficient
Speaking	10.8	14.6	16.5	>	Skill level is likely sufficient
Service Orientation	7.9	14.5	15.9	0	Current skill level may be sufficient
Monitoring	9.9	12.8	14.2	>	Skill level is likely sufficient
Coordination	9.1	12.3	11.4	0	Current skill level may be sufficient
Learning Strategies	7.2	11.7	12.0	0	Current skill level may be sufficient
Persuasion	7.4	11.2	13.8	>	Skill level is likely sufficient
Negotiation	6.8	10.7	11.4	0	Current skill level may be sufficient
Science	4.5	10.6	11.9	>	Skill level is likely sufficient

Operations Analysis	5.0	10.1	11.4	>	Skill level is likely sufficient
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The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Abilities

Similarity of Focus Occupation to Associated Occupation: 97

Focus Occupation: Mental Health Counselors (21-1014)

Associated Occupation: Mental Health and Substance Abuse Social Workers (21-1023)

Associated Occupation's Key Abilities Elements	Average Rating, All Occupations	Associated Occupation's Rating	Focus Occupation's Rating		Evaluation of Focus Occupation
Oral Expression	12.4	16.0	17.8	>	Current ability level is likely sufficient
Oral Comprehension	12.5	15.7	17.7	>	Current ability level is likely sufficient
Problem Sensitivity	11.1	15.4	17.5	>	Current ability level is likely sufficient
Inductive Reasoning	10.2	14.1	17.3	>	Current ability level is likely sufficient
Deductive Reasoning	10.6	13.8	14.4	0	Current ability level may be sufficient
Speech Clarity	10.2	13.2	16.2	>	Current ability level is likely sufficient
Speech Recognition	9.9	13.0	16.5	>>	Current ability level is likely more than sufficient
Category Flexibility	9.0	11.4	12.3	0	Current ability level may be sufficient
Fluency of Ideas	7.6	11.4	13.5	>	Current ability level is likely sufficient
Speed of Closure	5.9	9.9	8.8	<	Some improvement in abilities may be required
Memorization	5.6	7.9	7.9	0	Current ability level may be sufficient

The maximum possible rating is 25.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Activities that Both Occupations Have in Common

Similarity of Focus Occupation to Associated Occupation: 97

Focus Occupation: Mental Health Counselors (21-1014)

Associated Occupation: Mental Health and Substance Abuse Social Workers (21-1023)

Work Activities	Exclusivity of Activity
Coordinate social service activities with resource providers	77
Counsel individuals with personal problems	81
Direct and coordinate activities of workers or staff	3
Empathize with others during counseling or related services	69
Evaluate client progress against measurable recorded goals	89
Evaluate patient response to therapy	78
Follow confidentiality procedures	58
Follow patient observation procedures	71
Manage detailed case records in a social work setting	82
Monitor client progress	84
Recognize physical or emotional abuse	68

Record client's personal data	80
Refer clients to community services or resources	76
Relate to clients' socioeconomic conditions	82
Use agency mission as a guideline in social services delivery	84
Use behavior modification techniques	81
Use conflict resolution techniques	56
Use counseling techniques	60
Use current social research	62
Use grief counseling techniques	76
Use interpersonal communication techniques	10
Use intervention techniques	84
Use interviewing procedures	23
Work with persons with mental disabilities or illnesses	62

Not all positions in these occupations will necessarily perform all of the listed activities. The exclusivity rating is an indication of how unique the activity is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations engage in that activity.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.

## Tools and Technologies that Both Occupations Have in Common

Similarity of Focus  
Occupation to Associated  
Occupation: 94

**Focus Occupation: Mental Health Counselors (21-1014)**

**Associated Occupation: Mental Health and Substance Abuse Social Workers (21-1023)**

Tools and Technologies	Exclusivity
Business function specific software	1
Computers	1
Content authoring and editing software	1
Data management and query software	1
Industry specific software	1
Information exchange software	1
Network applications software	1

Not all positions in these occupations will necessarily use all of the listed tools and technologies. The exclusivity rating is an indication of how unique the tool or technology is amongst all occupations. The maximum rating is 100. High scores indicate that only a small number of occupations use that tool or technology.

Source: Alaska Department of Labor and Workforce Development, Research and Analysis Section analysis of O\*NET (Occupation Information Network) data.